

# Newsletter

HAPPY  
NEW YEAR 2018

January  
2018

We would like to take this opportunity to wish you all a very happy and healthy New Year.



A wish goes to Mrs. Betty Kemp, Miss. Grace Birmingham and Mr. Ernest Lucas.

## Our Programme

We hope that you all enjoyed our Christmas programme this year, it was lovely to see so many of you in the lounge and your families to. We had two new entertainers which everyone seemed to enjoyed and they have been requested back. Our Christmas party was very enjoyable, we were very well supported by Full Beam. Our staff were also such good sports in dressing up for the afternoon. Thanks to Shelagh who brought this programme together.



## Trip to Panto

On the 19<sup>th</sup> December many of us attended the White Rock to see Sleeping Beauty. We all enjoyed the afternoon out very much. We were very lucky with the weather as it stayed dry throughout and we were treated to a lovely red sky on leaving the theatre. We may look to book again this year if you wish to do so.



## Our year tree

After being adorned with little snowmen for Christmas we will shortly be entering the mood for love!! This is of course in the shape of hearts for Valentine's Day. Your craft work will soon be sought once again. With the help of Shelagh your skills never cease to amaze us. On every occasion items are made to celebrate and we receive so many positive comments about them. Thank you and well done to you all.



The winners for December are;

**2nd December – Rollover**

**9th December – Rollover**

**16th December – Rollover**

**23rd December – Mr. Graham Irving**

**30<sup>th</sup> December – Mr. Phil Baker**



### Activities

Now we have started a new year we felt that it was time to look at some different activities for you all to hopefully enjoy. Shelagh is hoping to book Extend which does gentle exercises. We would also like to book a speaker so if you have a topic that you are keen to discuss or explore then please let us know. Shortly we will begin our new project of the history of Mountside which we hope that you will enjoy researching. I know that we will be most interested in what you find out. If there are any activities that you wish to pursue then please let us know and we will do our best for you. Not everyone wishes to join in the larger groups and if you are one of those people and would like to have more individual time then please let Shelagh know. Feedback is really important as then we know whether to book again or spend an afternoon doing the same things. Please let us know.



### Lunch Club

We are hoping to resume this once again in January if the weather is kind to us. During Christmas and talking to some visitors from Blackland's Church they very kindly invited us to join their luncheon club. This is held once a month and we would very much like to introduce this in addition to what we do. The cost is about £4.00 for a main meal and pudding which

I am sure you will agree is very good value. It would be lovely to have connections with our local church. We will continue to go to garden centres and shopping trips as well.



### Manager's moment

Well it all looks so bare without all of the lovely decorations up. A new year brings many new things to the front for all of us. We really hope that you feel that you have a lot to look forward in this coming year as we will continue to strive to bring you new ideas to enjoy. It goes without saying that there will be changes to staff, it is always sad to see staff leave but do wish them well for the future.

Now you may well ask what are we up to? As you will remember we had our CQC inspection in November and have recently had our draft report which we are all checking through before it goes public.

We are also continuing with the computerised care plans for you all. Any personal history or information would be gratefully received by you all.

Our new refurbished lounge looks amazing. We really hope that you all like the colours and the furnishings. There have been some very positive comments about it. We will continue to refurbish throughout 2018 but will update you as and when.